SCIENTIFIC ARTICLES MUST MEET THE REQUIREMENTS OF THE JOURNAL „SOCIAL HEALTH"

1. General Provisions

The journal publishes original scientific and applied research articles in the fields of social and health sciences that have not been previously published elsewhere.

Manuscripts may be submitted in Lithuanian or English. Authors are responsible for the linguistic accuracy and editing of their manuscripts.

All submitted manuscripts undergo a double-blind peer review process. The Editorial Board reserves the right to reject any manuscript that does not meet the required scientific or ethical standards.

2. Types of Articles and Structure

2.1. Empirical (Research) Article

Recommended structure:

Article title

Author(s)' full name, institutional affiliation, ORCID (if available)

Abstract (150–250 words). The abstract should briefly present the relevance of the research problem, the aim of the article, the research methods applied, the main results, and the conclusions. The abstract must be informative and reflect the full content of the article. It should be followed by 3–5 keywords.

Introduction. The introduction should justify the relevance of the research problem and provide a concise and focused review of the literature, outlining the theoretical and empirical context of the topic. The aim of the article must be clearly stated. If required by the logic of the study, research questions or objectives may be presented; however, they must be consistently aligned with the subsequent sections of the article.

Research Methodology. This section should describe the research design, the sample and sampling procedures, the data collection methods and instruments used. The methods of data analysis and their rationale must also be specified. Ethical aspects of the research must be addressed, including informed consent procedures, data protection measures, and, where applicable, approval by a bioethics committee (indicating the institution and approval number).

Research Results. The results must be presented in a logical sequence consistent with the aim or research questions of the study. Data should be clearly and systematically reported, avoiding interpretation, which should be reserved for the discussion section. Tables and figures must be numbered, titled, and referred to in the text.

Discussion. This section should interpret the findings, compare them with the results of other studies, and discuss their theoretical and practical implications. Authors are also encouraged to address the limitations of the study and suggest directions for future research.

Conclusions. Conclusions must be clear, specific, and directly based on the research findings. No new information that has not been discussed in the article should be introduced in this section.

References. Only sources cited in the text may be included in the reference list. All references must be prepared in accordance with the APA 7 (American Psychological Association, 7th edition) citation style and applied consistently throughout the manuscript. In-text citations and reference entries must correspond exactly. Authors are responsible for the accuracy of citations, compliance with APA 7 requirements, and the correctness of bibliographic information.

It is recommended that a substantial proportion of the references be published within the last 10 years, except for classical or methodologically foundational works. Authors are encouraged to rely on peer-reviewed scientific articles and sources indexed in international databases. Self-citations should not constitute an unjustifiably large proportion of the reference list.

2.2. Structure of a Theoretical / Review Article

Article title

Author(s)' full name, institutional affiliation, ORCID (if available)

Abstract (150–250 words). The abstract should briefly define the problem addressed, the aim of the analysis, the theoretical approach or methodological perspective, the main insights, and the conclusions. The abstract must clearly reflect the conceptual direction and analytical contribution of the article. It should be followed by 3–5 keywords.

Introduction. The introduction should justify the relevance of the topic within the scientific and/or practical context, define the theoretical problem or field of debate, and clearly state the aim of the article. The introduction must delineate the scope of the analysis and the theoretical perspective adopted.

Analytical Section. This section should provide a systematic, coherent, and critical analysis of the relevant scientific literature. The review must be based on a clearly defined selection logic (e.g., thematic, chronological, conceptual, or methodological), rather than on arbitrary selection of sources. If the article aims to present a systematic or structured review, authors are encouraged to briefly indicate the literature selection criteria (databases used, time frame, keywords, or other selection principles).

The analytical section should discuss key theoretical models, concepts, or approaches, highlighting their interrelations, differences, and theoretical tensions. The text must be analytical and argument-based, avoiding merely descriptive summaries of the literature. The author must clearly articulate their conceptual contribution, such as a proposed interpretation, model, conceptual framework, or theoretical insight.

Discussion. The discussion should critically evaluate the theoretical positions presented, highlighting their strengths, limitations, and potential practical applications. It may also address directions for further research, theoretical development, or practical implications.

Conclusions. Conclusions must be of a summarizing nature and clearly linked to the aim of the article and the analysis conducted. No new information that has not been discussed in the main text should be introduced in this section.

References. Only sources cited in the text may be included in the reference list. All references must be prepared in accordance with the APA 7 (American Psychological Association, 7th edition) citation style and applied consistently throughout the manuscript. In-text citations and reference entries must correspond exactly. Authors are responsible for the accuracy of citations, compliance with APA 7 requirements, and the correctness of bibliographic information.

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Contact Requirements

The author(s)' contact details must be provided at the end of the manuscript, including institutional affiliation, e-mail address for correspondence, and, where applicable, ORCID identifier. If there are multiple authors, the corresponding author must be clearly indicated.

3. Ethical Requirements

If the manuscript presents research involving human participants or sensitive data, authors must indicate whether approval from a bioethics committee was obtained (specifying the institution and approval number) or provide a justification if such approval was not required. Authors are responsible for ensuring informed consent and the protection of personal data in accordance with applicable ethical and legal standards.

4. Technical Requirements
- The manuscript must be prepared using Microsoft Word.
- Font: Times New Roman, 12 pt.
- Page format: A4.
- Margins: 20 mm on all sides.
- Line spacing: single spacing (1.0).

- Tables, figures, and images must be centered on the page and must not exceed the established margins.
- In-text citations must be consistent and prepared according to the APA 7 citation style throughout the manuscript.
- The reference list must be prepared in accordance with the APA 7 citation style.
- Recommended manuscript length: 4,000–6,000 words (approximately 6–8 pages). Maximum length: up to 7,000 words.
- Tables and figures must be submitted in an editable format, numbered consecutively, and provided with titles.

5. Use of Artificial Intelligence

Artificial intelligence (AI) tools may be used only for supportive purposes (e.g., language editing or structural refinement). Authors must ensure that all academic content, analysis, and conclusions represent their own intellectual contribution. If AI tools have been used in a significant manner, this must be disclosed in a separate declaration.

Authors should sent articles by email to: info@inomedus.com